

## SHANTI PATH

asato maa sad-gamaya  
tamaso maa jyotir gamaya  
mrityor-maa amritam gamaya  
saraveṣhaam svastir bhavatu  
saraveṣhaam shaantir bhavatu  
saraveṣhaam poorṇam bhavatu  
saraveṣhaam maṅgalam bhavatu  
lokaah samastaah sukhino bhavantu  
om trayambakam yajamahe  
sugandhim puṣṭi-vardhanam  
urvaa-rukamiva bandhanaat  
mṛityor-mukṣheeya maamritaat  
om shaantih shaantih shaantihi  
hari om

*Lead me from the unreal to the real. Lead me from darkness to light. Lead from death to immortality. May all beings dwell in happiness. May all beings dwell in peace. May all beings attain oneness. May all beings attain auspiciousness. May all happiness be unto the whole world. We pay homage to the universal consciousness which nourishes all beings. May we be liberated from the death of ignorance through knowledge of our immortal essence, just as the cucumber is severed from the bondage of the vine. Om peace, peace, peace.*